

Our commitment to you.....

Our “Food For Life Served Here” menu means we serve *Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littler’s of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*

Fresh Catering



Spring / Summer 2023

At: St Gregory’s Catholic Primary

May 2023

M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June 2023

M	Tu	W	T	Fri	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

July 2023

M	Tu	W	T	Fri	Sa	Su
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September 2023

M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

October 2023

M	Tu	W	T	Fri	Sa	Su
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2023

M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		





Spring/ Summer Menu 2023

Week 1

Week 2

MONDAY

Cheese & Tomato
Pizza with Wedges (v)

Jacket Potato with
Cheese & Beans (v)

Dorset Apple
Sponge or Fresh
Fruit

TUESDAY

Beef Burger in a Bun
with Sauté Potatoes
& Coleslaw

Vegetarian Burger
with Sauté Potatoes
& Coleslaw (v)

Fruity Jelly or
Yogurt

WEDNESDAY

Roast Chicken &
Stuffing, Potatoes,
Vegetables & Gravy

Jacket Potato with
Tuna

Chocolate Orange
Krachollette or
Fresh Fruit

THURSDAY

Beef Pasta
Bolognese with H/M
Garlic Bread

Vegetable Ravioli
with a Homemade
Tomato Sauce (v)

Summer Fruit
Sponge or Fresh
Fruit

FRIDAY

H/M Cheese Flan (v)
with Chips & Peas

Salmon/ Fish Fingers
with Chips & Peas

Shortbread Finger
with Fruit Chunk or
Fresh Fruit

MONDAY

Vegetarian Sausage
Roll with Potato
Wedges (v)

Quorn Korma
Rice & Cous – Cous
(v)

Chocolate Crunch
Finger with Fruit
Chunk or Fresh Fruit

TUESDAY

Pork Curry with Rice
& Cous – Cous

Pasta Parma Rosa (v)

Yogurt, Melting
Moment or Fresh
Fruit

WEDNESDAY

All Day Breakfast
(Butchers Sausage, Hash
Brown, Scrambled Egg &
Beans)

Jacket Potato with
Baked Beans (v)

Apple & Sultana
Flapjack or Fresh
Fruit

THURSDAY

Southern Style
Chicken & Savoury
Rice

Ploughman's Toastie
with Veg Sticks (v)

Pear & Chocolate
Sponge or Fresh
Fruit

FRIDAY

Battered Fish with
Chips & Peas

Tuna Mayo & Salad
Wrap with & ½
Portion of Chips

Ice Cream & Fruit
Coulis or Fresh Fruit

