

What is the Rosary?

The Rosary is a Catholic prayer based upon the Bible. It focuses on the most important events in the life of Jesus and Mary, the Mother of Jesus. In the Rosary, we call these events: the mysteries.

In the Rosary prayer, we make use of both vocal and mental prayer. Vocal prayer consists of the most well-known prayers, like the Lord's prayer (Our Father), the Hail Mary and the 'Glory be'.

Mental prayer is meditating upon the mysteries.





- Sign of the cross
- The Apostles' Creed



- Our Father – in the introduction and in the beginning of each decade (mystery meditation)



- Hail Mary - The quantity follows the number of knots:
 - 3 in the introduction for the virtues of Faith, Hope and Charity
 - 10 in each decade (mystery meditation)
- Glory be
- Fatima prayer (Optional)



- Hail, holy Queen - In the end of the rosary



How to pray the Rosary



1. Sign of the cross
2. Apostles' Creed
3. We announce the day's first mystery.
4. Our Father
10 Hail Mary's
Glory be to the Father
5. We continue until completing the five mysteries of the day.
6. Prayer to the Virgin.

The sign of the Cross

In the Name of the Father,
and of the Son, and of the
Holy Spirit. Amen.

The Apostles' Creed

I believe in God the Father Almighty,
Creator of heaven and earth, and in
Jesus Christ his only Son our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary, suffered under
Pontius Pilate, was crucified, died and was
buried. He descended to the dead.
On the third day he rose again from the
dead. He ascended into heaven, where he
is seated at the right hand of God the
Father Almighty.

He will come again to judge the living
and the dead. I believe in the Holy Spirit,
the holy Catholic Church, the communion
of saints, the forgiveness of sins,
the resurrection of the body and
life everlasting. Amen.

Our Father

Our Father, who art in heaven,
hallowed be thy name. Thy kingdom come.
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses as we
forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with
thee. Blessed art thou among women and
blessed is the fruit of thy womb, Jesus.
Holy Mary, mother of God, pray for us
sinners now and at the hour of our death.
Amen.

Glory be to the Father

Glory be to the Father, and to the Son,
and to the Holy Spirit. As it was in
the beginning, is now and ever shall be,
world without end. Amen.

The Fatima Prayer

O my Jesus, forgive us our sins, save us from
the fires of hell and lead all souls to Heaven,
especially those who most need thy mercy.



Joyful Mysteries (Monday and Saturday)



1. The annunciation



2. The visitation



3. The birth of Our Lord



4. The presentation in the Temple



5. The finding of Jesus in the temple

There are 4 sets of mysteries. Traditionally, each of them are meditated on certain days of the week. If the whole Rosary is prayed, we meditate on each mystery for the duration of 10 Hail Mary prayers.

Sorrowful Mysteries (Tuesday and Friday)



1. The agony in The garden



2. The scourging at the pillar



3. The crowning with thorns



4. The carrying of the cross



5. The crucifixion

Glorious Mysteries (Sunday and Wednesday)



1. The resurrection



2. The ascension



3. The descent of the Holy Spirit



4. The assumption



5. The crowning of Our Lady

Luminous Mysteries (Thursday)



1. The baptism in the Jordan



2. The wedding feast of Cana



3. The proclamation of the kingdom of God



4. The transfiguration



5. The institution of the Eucharist